

5km

Overall Results

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
130	DANIEL SMITH	M	U16	0:19:50	1	1
19	KOLBE COLLETT	M	U16	0:20:21	2	2
218	RYLEE CHALLENGOR	F	U16	0:20:30	1	1
219	BRETT CHALLENGOR	M	40 to 49	0:20:33	3	1
21	OLIVER DA COSTA	M	U16	0:20:46	4	3
220	JAYSON REED	M	17 to 29	0:21:04	5	1
226	BRETT HADIARIS	M	30 to 39	0:23:58	6	1
215	CAMERON HUDSON	M	17 to 29	0:23:59	7	2
214	SABINA LAWRIE	F	17 to 29	0:24:46	2	1
201	LEXI WILLIAMSON	F	U16	0:24:51	3	2
134	COLBY SMITH	M	U16	0:24:59	8	4
228	COLIN BOTHA	M	40 to 49	0:25:56	9	2
36	ZAAN GROBLER	M	U16	0:26:01	10	5
129	WESLEY SMITH	M	40 to 49	0:26:04	11	3
246	HANS PAKENDORF	M	40 to 49	0:26:09	12	4
125	GAVIN SKEVINGTON	M	30 to 39	0:26:52	13	2
69	JEMMA LIEBENBERG	F	U16	0:26:56	4	3
203	JAMES L'HOSTE	M	U16	0:27:00	14	6
377	KAYLIB ALTERN	M	U16	0:27:24	15	7
93	MASEELAN NAIDOO	M	40 to 49	0:27:26	16	5
94	KAYRA NAIDOO	F	U16	0:27:29	5	4
213	REN VAN BERELLEN	F	40 to 49	0:27:30	6	1
227	MICHAEL LOCK	M	40 to 49	0:27:55	17	6
139	EMILE STREICHER	M	17 to 29	0:27:56	18	3
243	XOLANI CHILIZA	M	30 to 39	0:28:11	19	3
200	GARETH STAPLES	M	40 to 49	0:28:15	20	7
251	FIONA SUTTON	F	50 to 59	0:28:23	7	1
3	JARROD ANDERSON	M	30 to 39	0:28:29	21	4
45	TYRONE HARRIS	M	17 to 29	0:28:40	22	4
378	TYRON ALTERN	M	30 to 39	0:29:22	23	5
240	BAILEY BENNISON	M	U16	0:29:26	24	8
376	JADEN ALTERN	M	U16	0:29:29	25	9
229	JOSH EAST	M	17 to 29	0:30:09	26	5
205	MICHAEL KNIGHT	M	40 to 49	0:30:11	27	8
253	KAI FEHSENFELD	M	U16	0:30:19	28	10
62	LESLEY LABUSCHAGNE	F	50 to 59	0:30:21	8	2
245	LIESL HECKROODT	F	40 to 49	0:30:52	9	2
242	IAN NICHOLSON	M	60 to 69	0:30:55	29	1
202	JAN SMUTS	M	40 to 49	0:30:59	30	9
236	GARY MONNETSEN	M	30 to 39	0:31:12	31	6
249	JANET BLAKEMORE	F	50 to 59	0:32:07	10	3
149	MELANIE WAGNER	F	40 to 49	0:32:12	11	3
100	MICHAEL PETZER	M	17 to 29	0:32:35	32	6
241	GREG NICHOLSON	M	30 to 39	0:32:40	33	7
51	TARRYN JACKOBSON	F	30 to 39	0:32:51	12	1
382	TRACI OOSTHUIZEN	F	30 to 39	0:33:00	13	2
1	KIM ALTERN	F	40 to 49	0:33:05	14	4
373	JASON THOMAS	M	40 to 49	0:33:07	34	10
68	SUSAN LIEBENBERG	F	40 to 49	0:33:11	15	5
252	JACQUIE FORTUNE	F	50 to 59	0:33:15	16	4
261	ALEX BENNISON	M	U16	0:33:24	35	11
97	MONICA NILSEN	F	17 to 29	0:33:34	17	2
28	DONEE FRANCIS	F	17 to 29	0:33:39	18	3

133	GLEN SMITH	M	50 to 59	0:33:57	36	1
79	GRIFFITH MBATHA	M	40 to 49	0:34:00	37	11
365	GRAHAM EAME	M	50 to 59	0:34:03	38	2
224	THOMAS HOLLINSHEAD	M	U16	0:34:05	39	12
98	COLE NORMAN	M	17 to 29	0:34:30	40	7
207	KELSO BOLTON	M	U16	0:34:32	41	13
208	PETER BOLTON	M	40 to 49	0:34:34	42	12
83	SARAH MCLENNAN	F	40 to 49	0:34:41	19	6
259	LISA EKRON	F	17 to 29	0:34:45	20	4
106	REBECCA PRONK	F	U16	0:34:48	21	5
107	HANNAH PRONK	F	U16	0:34:49	22	6
63	KELLY JOY LAMONT	F	17 to 29	0:34:56	23	5
211	GRAEME PHILLIPS	M	40 to 49	0:35:32	43	13
210	JESSICA PHILLIPS	F	U16	0:35:33	24	7
209	MERYL PHILLIPS	F	U16	0:35:37	25	8
231	UNKNOWN	M	30 to 39	0:35:40	44	8
30	GRANT GABRIEL	M	40 to 49	0:35:43	45	14
216	JORDAN HOLLINS	M	U16	0:36:33	46	14
115	NICKY RYAN	F	17 to 29	0:36:46	26	6
27	JARED FERGUSON	M	30 to 39	0:36:48	47	9
217	SAM HOLLINS	F	40 to 49	0:36:54	27	7
144	CAREN TEDDER	F	30 to 39	0:36:57	28	3
146	ANDERW TOMSET	M	40 to 49	0:36:59	48	15
143	BRUCE TEDDER	M	40 to 49	0:37:06	49	16
4	ALDINE ARMSTRONG	F	50 to 59	0:37:10	29	5
148	JULIE VENTER	F	50 to 59	0:37:11	30	6
57	VANESSA KEITH	F	40 to 49	0:37:39	31	8
132	TIM SMITH	M	17 to 29	0:37:41	50	8
222	DOM BOUCHIER	F	17 to 29	0:37:47	32	7
221	MATTHEW NAISH	M	17 to 29	0:37:50	51	9
25	KAREN ESBEND	F	17 to 29	0:37:53	33	8
112	MELANIE RICH	F	30 to 39	0:37:55	34	4
233	DAVE CHAMIER	M	40 to 49	0:38:00	52	17
22	ISABELLA DA COSTA	F	U16	0:38:03	35	9
265	COURTNEY TOMSETT	F	U16	0:38:07	36	10
206	ONICA NGCOBO	F	60 to 69	0:38:22	37	1
34	SONJA GROBBELAAR	F	40 to 49	0:38:48	38	9
67	PAUL L'HOST	M	40 to 49	0:38:50	53	18
114	CILLA ROSE	F	60 to 69	0:39:00	39	2
33	DIERDRE GRANDIN	F	17 to 29	0:39:01	40	9
54	RORY JORDAAN	M	17 to 29	0:39:03	54	10
384	BRENT PAYNE	M	40 to 49	0:39:07	55	19
35	KALIESHA GROBLER	F	30 to 39	0:39:53	41	5
84	CONNOR MCLENNAN	M	U16	0:40:02	56	15
254	NOAH FEHSENFELD	M	U16	0:40:04	57	16
53	ROBERT JOOSTE	M	30 to 39	0:40:34	58	10
52	JUDY JOOSTE	F	30 to 39	0:40:39	42	6
85	LISA MNIKI	F	17 to 29	0:40:57	43	10
223	RHYS FERGUSON	M	U16	0:41:12	59	17
105	LISA PRONK	F	40 to 49	0:41:27	44	10
104	DAMON PRONK	M	40 to 49	0:41:29	60	20
46	BRETT HARRIS	M	40 to 49	0:41:32	61	21
89	DEROSHA MOODLIER	F	30 to 39	0:41:34	45	7
92	TRISHAL NADASEN	F	17 to 29	0:42:22	46	11
109	VEENA RAJPAL	F	17 to 29	0:42:26	47	12
12	NORA BUCHANAN	F	60 to 69	0:42:55	48	3
15	MARGARETHA CALITZ	F	30 to 39	0:42:59	49	8
102	BELINDA PIETERSE	F	40 to 49	0:43:47	50	11
73	STEPHAN MALLIN	F	17 to 29	0:44:37	51	13

118	LUISA SERRAO	F	50 to 59	0:44:41	52	7
87	DESSIE MOODLEY	M	50 to 59	0:46:10	62	3
26	NICOLE EVANS	F	40 to 49	0:48:08	53	12
113	TENILLE RICHARDS	F	30 to 39	0:48:12	54	9
262	KERRY BENNISON	F	40 to 49	0:48:16	55	13
258	GLENDA AUSTIN	F	40 to 49	0:48:18	56	14
108	MARILYN QUIRKE	F	40 to 49	0:54:08	57	15
24	CARMEN DEVINE	F	30 to 39	0:54:11	58	10
122	SILINDILE SHINGA	F	30 to 39	0:54:14	59	11
232	UNKNOWN	M	30 to 39	0:54:37	63	11
230	UNKNOWN	M	30 to 39	0:54:40	64	12
244	BARNETT E	M	40 to 49	0:55:09	65	22
248	STAN NAGOORODO	M	30 to 39	0:55:47	66	13
247	JAY NAGOORODO	F	30 to 39	0:55:50	60	12
111	SHALYNI REDDY	F	30 to 39	0:57:44	61	13
95	NARISHA NARRAINDOO	F	17 to 29	0:57:47	62	14
32	MINOLIA GOVENDER	F	17 to 29	0:57:49	63	15
75	JADE MNAGGOS MANGGOS	F	17 to 29	0:58:05	64	16
234	TREVOR BENNISON	M	70 to 79	0:58:08	67	1
264	CHELSEA BENNISON	F	U16	0:58:29	65	11
239	OLIVER BENNISON	M	U16	0:58:31	68	18
235	YVONNE BENNISON	F	70 to 79	0:59:21	66	1
364	PAMELA EAME	F	50 to 59	0:59:23	67	8
110	KATE RALFE	F	17 to 29	1:00:18	68	17