

10km

Overall Results

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
395	SIMPHIWE ZULU	M	40 to 49	0:32:00	1	1
394	NOKUTHULA NTSHANGASE	F	17 to 29	0:37:22	1	1
18	LISA COLLETT	F	40 to 49	0:37:57	2	1
29	NICOLA FRIKKEL	F	17 to 29	0:38:06	3	2
82	TIANA MCINTOSH	F	17 to 29	0:38:52	4	3
86	HEATHER MOODIE	F	30 to 39	0:38:54	5	1
151	PATRICK WYNNE	M	60 to 69	0:39:32	2	1
389	DAWID CRONJE	M	17 to 29	0:39:39	3	1
124	CLAIRE SKEVINGTON	F	30 to 39	0:40:17	6	2
391	CHRIS THORP	M	40 to 49	0:40:21	4	2
263	ALEX HALL	M	17 to 29	0:40:26	5	2
260	STEVEN BOLTON	M	30 to 39	0:40:31	6	1
266	UNKNOWN	M	30 to 39	0:42:01	7	2
9	DARRYN BOTHA	M	30 to 39	0:45:03	8	3
90	GARY MUIR	M	17 to 29	0:45:58	9	3
42	BILLY HARKER	M	40 to 49	0:46:00	10	3
121	NIGEL SHERIFF	M	40 to 49	0:46:13	11	4
396	MICHELLE MAC FIE	F	40 to 49	0:46:21	7	2
31	ANDREW GIBBS	M	30 to 39	0:47:36	12	4
17	RISENGA CHAUKE	F	50 to 59	0:48:55	8	1
50	ALEX IRUMBA	M	30 to 39	0:48:59	13	5
61	HELEN LAATZ	F	30 to 39	0:49:10	9	3
370	GRANT NEVIN	M	40 to 49	0:49:50	14	5
101	DEON PIETERSE	M	50 to 59	0:50:35	15	1
392	LORI DAVIDSON	F	50 to 59	0:50:37	10	2
397	TANITH WILLIAMSON	F	40 to 49	0:50:40	11	3
398	NIGEL WILLIAMSON	M	40 to 49	0:50:41	16	6
381	MARTIN DAMAKUDE	M	30 to 39	0:50:46	17	6
141	MURRAY TAYLOR	M	30 to 39	0:50:49	18	7
23	CAMILLA DA COSTA	F	40 to 49	0:51:12	12	4
256	LAUREN NORTON	F	30 to 39	0:51:54	13	4
255	JANET SIMPKINS	F	30 to 39	0:51:55	14	5
372	ROBIN CHARNAUD	M	30 to 39	0:52:23	19	8
367	EUNICE DE WET	F	17 to 29	0:52:27	15	4
366	NICK RAYMOND	M	17 to 29	0:52:29	20	4
10	CYNDI-MAE BOTHA	F	30 to 39	0:53:17	16	6
103	KATIE PILLINGER	F	30 to 39	0:53:48	17	7
128	KAYLEE SMIT	F	30 to 39	0:53:50	18	8
39	VIVIENNE HANCKE	F	50 to 59	0:54:18	19	3
120	SPHAMANDLA SHABALALA	M	30 to 39	0:54:51	21	9
14	THUBELIHLE BUTHELEZI	M	17 to 29	0:54:53	22	5
2	ALYSSA AMRAPERSAD	F	17 to 29	0:55:01	20	5
368	ANTON HASKELL	M	30 to 39	0:55:03	23	10
387	TANIA NEETHLING	F	40 to 49	0:55:11	21	5
386	BEAUJALAI KEARY	F	30 to 39	0:55:13	22	9
380	STEVE BLAKEMORE	M	60 to 69	0:57:21	24	2
44	CLAIRE HARMS	F	30 to 39	0:57:55	23	10
7	LEEZL BEZUIDENHOUT	F	30 to 39	0:58:39	24	11
399	SHARDA NAROTHUM	F	50 to 59	0:59:30	25	4
56	CANDICE KATER	F	40 to 49	0:59:36	26	6
55	CRAIG KATER	M	50 to 59	0:59:37	25	2
126	MICHAEL SMALLWOOD	M	50 to 59	0:59:40	26	3
127	YVETTE SMALLWOOD	F	40 to 49	0:59:43	27	7
374	VICTORIA THORPE	F	30 to 39	1:00:10	28	12
375	BRADLEY THORPE	M	30 to 39	1:00:12	27	11

6	GARETH BARGATE	M	17 to 29	1:00:33	28	6
371	BAILEY ALLAN	F	17 to 29	1:00:41	29	6
37	PIETER GROVE	M	40 to 49	1:00:46	29	7
393	DARREN SLAUGHTER	M	30 to 39	1:00:56	30	12
99	ALEXANDRA OLIVER	F	17 to 29	1:01:31	30	7
369	CLAIRE ALLAN	F	50 to 59	1:01:36	31	5
150	LARA WATKINS	F	17 to 29	1:01:38	32	8
257	PHINDO MFAYELA	M	30 to 39	1:01:42	31	13
77	CLARE MANYAN	F	17 to 29	1:02:12	33	9
60	YOLANDIE KRIEL	F	30 to 39	1:03:26	34	13
119	XOLI SHABALALA	F	30 to 39	1:04:05	35	14
147	STEVEN VAN DER MERWE	M	17 to 29	1:04:54	32	7
59	TSHEPISO KOBILE	F	30 to 39	1:05:43	36	15
388	ANDREW GRIEVESON	M	50 to 59	1:05:45	33	4
390	SHERWYN ESBEND	M	30 to 39	1:06:39	34	14
38	SASHA HAGENS	F	30 to 39	1:06:43	37	16
379	DENBEIGH VAN DER MERWE	F	30 to 39	1:06:45	38	17
47	JOELEEN HERMELIN	F	40 to 49	1:10:47	39	8
64	DWANE LANGER	M	30 to 39	1:12:49	35	15
145	JAYD THEVENAU	F	17 to 29	1:12:51	40	10
48	TERRI-LYN HODGE	F	17 to 29	1:12:52	41	11
91	IRENE MUIR	F	17 to 29	1:12:54	42	12
88	SAGIE MOODLIER	M	60 to 69	1:14:19	36	3
81	KHETHIWE MCHUNU	F	30 to 39	1:14:38	43	18
58	NONHLANHLA KHOZA	F	40 to 49	1:23:21	44	9
13	NTATHU BUTHELEZI	F	30 to 39	1:23:23	45	19