

Overall

7.5km

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
56541	CHARLI MLOTSHTWA	M	U14	0:30:56	1	1
B4198	ALYSSA LIEBENBERG	F	U14	0:43:00	1	1
B4197	URSULA LIEBENBERG	F	40 to 49	0:45:01	2	1
C1290	KATHERINE WOLFE	F	30 to 39	0:45:23	3	1
25585	HANA NEWLANDS	F	U14	0:46:03	4	2
48824	LUKE NEWLANDS	M	U16	0:46:05	2	1
62220	DEBBIE SMITH	F	40 to 49	0:46:11	5	2
65587	HENDRIK DE BRUYN	M	50 to 59	0:46:41	3	1
C1348	HEIN PIENAAR	M	19 to 29	0:47:46	4	1
C1351	JUSTIN SUDDER	M	40 to 49	0:49:00	5	1
B1411	ROGER BERGSTROM	M	40 to 49	0:49:57	6	2
B9439	FAY GEARING	F	30 to 39	0:50:52	6	2
B8569	ERIN DOYLE	F	30 to 39	0:51:05	7	3
8910	GARY BUTLER	M	60 to 69	0:51:22	7	1
B9109	MELICIA MC DULING	F	19 to 29	0:51:26	8	1
B9110	THYS JANSE VAN RENSBURG	M	40 to 49	0:53:25	8	3
72715	JO-ANNE ROGERS-WHITE	F	30 to 39	0:54:46	9	4
6698	DALE ALLAN	M	30 to 39	0:54:47	9	1
2610	MEGAN SMITH	F	19 to 29	0:54:50	10	2
16213	LARA BATESON	F	40 to 49	0:55:09	11	3
69451	NICOLE STONE	F	30 to 39	0:55:40	12	5
C1350	NADIA STUART	F	19 to 29	0:57:54	13	3
C0408	SARAH GRENFELL	F	19 to 29	0:58:40	14	4
77494	BYRON GRAY	M	19 to 29	0:58:45	10	2
C1315	DAVE CODNER	M	60 to 69	1:00:24	11	2
73306	RIAN SWARTZ	M	40 to 49	1:00:42	12	4
c1344	RIJN GEYSER	M	50 to 59	1:01:40	13	2
99797	ANGELA BOARDMAN	F	30 to 39	1:01:51	15	6
27076	LIANE FILMALTER	F	50 to 59	1:01:52	16	1
c1054	JESSICA HANKEY	F	30 to 39	1:02:07	17	7
c1266	DEMI HUMPHRIES	F	30 to 39	1:02:12	18	8
C1309	LANE FILMALTER	F	19 to 29	1:03:09	19	5
C1312	ILZE STUART	F	40 to 49	1:03:12	20	4
39890	CLAUDIA REDINGER	F	19 to 29	1:04:44	21	6
58172	LISA-MARI BEYLEVELD	F	19 to 29	1:05:53	22	7
60795	SONJA NEWLANDS	F	40 to 49	1:05:55	23	5
64435	JOCELYNE GREGG-MACDONALD	F	60 to 69	1:06:32	24	1
55195	DIANNE CILLIERS	F	60 to 69	1:06:37	25	2
B1783	WYNOMA BUTLER	F	60 to 69	1:06:40	26	3
3645	JULYETTE LEWIS	F	70+	1:08:20	27	1
3646	GRAHAM LEWIS	M	60 to 69	1:08:22	14	3
C1314	BARBARA CODNER	F	60 to 69	1:09:29	28	4
59160	PHILLIP PIETERSE	M	30 to 39	1:09:47	15	2
49851	CRAIG TIBSHRAENY	M	50 to 59	1:10:05	16	3
96171	JUDY GRAY	F	50 to 59	1:14:09	29	2
79048	ANDREW GRAY	M	60 to 69	1:14:15	17	4

Overall

7.5km

32996	LAUREN LEE PIETERSE	F	30 to 39	1:17:01	30	9
98464	TARYNNE LOCK	F	40 to 49	1:17:22	31	6
C1343	ESTELLE BASTEWS	F	50 to 59	1:18:58	32	3
63315	CATHERINE STOCKTON	F	30 to 39	1:33:13	33	10
C1268	VANESSA GOUWS	F	50 to 59	1:46:38	34	4